

STEVEN R. GECHA, M.D.
CURRICULUM VITAE

ADDRESS: Orthopaedic Associates of Princeton, P.A./SportsMedicine
Princeton
325 Princeton Avenue, Princeton, New Jersey 08540
Office: (609) 924-8131

DATE OF BIRTH: May 8, 1954

PLACE OF BIRTH: Plainfield, New Jersey

EDUCATION:

1972-1976 B .S., Cum Laude, Yale University
1976-1980 M.D., Rutgers Medical School

POST GRADUATE TRAINING:

1980-1981, Surgical Intern
Hospital of the University of Pennsylvania
Philadelphia, Pennsylvania.

1981-1985, Resident
Department of Orthopaedic Surgery.
Hospital of the University of Pennsylvania
Philadelphia, Pennsylvania.

1985-1986, Fellowship
University of Pennsylvania Sports Medicine
Director - Joseph S. Torg, M.D.

RESEARCH:

1981-1982, One year Orthopaedic Research Fellowship for The University
of Pennsylvania, School of Medicine.
Subject: Storage and transplantation of human articular cartilage.

1974, Harvard University, Department of Orthopaedic Surgery.
Subject: Osteocalcin.

CURRENT RESEARCH:

Prospective study on treatment of patellofemoral pain.

PRESENTATIONS:

“Inhibition of Proteoglycan Release in Stored Human Articular Cartilage Using Alphatocopherol, Superoxide Dismutase and Protease Inhibitors”, 29th Annual Meeting, Orthopaedic Research Society, March 1983.

“Prognosticators for Efficacy of Lateral Retinacular Release Surgery for Treatment of Patellofemoral Pain”, Annual Meeting, American Academy of Orthopaedic Surgeons, February 1988.

Resident Teaching Conferences: Both Bone Fractures of Forearm. Juvenile Rheumatoid Arthritis. Neurological Disease in Orthopaedics. Cervical Spine Injuries. Legg-Calve Perthes Disease.

Numerous community lectures to physicians, physical therapists, trainers, and lay people on sports medicine/orthopaedic topics.

Guest lecturer at the Annual A.T.S.N.J. Sports Medicine Conference, 5/18/96.

PUBLICATIONS:

Gecha, S.R., Jiminez, S., Bashey, R., and Brighton, C.T.: Inhibition of Proteoglycan Release in Stored Human Articular Cartilage Using Alphatocopherol, Superoxide Dismutase and Protease Inhibitors, *Trans. of Orthopaedic Research Society*. 8:1201983.

Wong, J., Jiminez, S., Brighton, C.T., Esterhai, J., and Gecha, S.R.: Cyclic Loading of Cultured Articular Cartilage. *Trans. of Orthopaedic Research Society*, 9:23, 1984.

Gecha, S.R., Unger, A., Nicholas, C.E., Balduini, F.C., Gregg, J.R., and Torg, J.S.: Lateral Retinacular Release in Treatment of Patellofemoral Pain. *Univ. of Pa. Orthopaedic Journal*. Vol. 2, Spring 1986.

Gecha, S.R., Torg, E.: Knee Injuries in Tennis. *Clinics in Sports Medicine*. 7(2): 435-453. April 1988.

Gecha, S.R., Torg, J.S., Clinical Prognosticators for the Efficacy of Retinacular Release Surgery to Treat Patellofemoral Pain, *Clin. Ortho*. 253:203, 1990.

ORGANIZATIONS:

Diplomat of the American Board of Orthopaedic Surgeons, 7/8/88
(Recertified 4/95)
Fellow of the American Academy of Orthopaedic Surgeons, 2/8/90
New Jersey Orthopaedic Society
Medical Society of New Jersey
Mercer County Medical Society
American Orthopaedic Society for Sports Medicine, 6/26/94
Arthroscopy Association of North America, 4/26/97
Philadelphia Orthopaedic Society for Sports Medicine

AWARDS:

Life member of National Registry of Who's Who, 2000, (ID # 106102)
Best Doctors in America, Northeast Region, Orthopaedic Surgery
1996 – Present (Woodward/White)
Accredited by The American Medical Accreditation Program (AMAP)
through July 2001
Best Doctors in New Jersey, November 1998, New Jersey Magazine
Medical Society of New Jersey, Physician's Recognition Award for
Continuing Medical Education

PRESENT AND PAST HOSPITAL AFFILIATIONS:

Staff Attending, Medical Center at Princeton
Clinical Assistant Professor of Orthopaedic Surgery at the Hospital of the
University of Pennsylvania

SPORTS AFFILIATIONS:

Team Physician, Philadelphia Flyers Professional Hockey Team,
1985-1986
Team Physician, University of Pennsylvania, 1985-1986
Team Physician, Penn Jersey Spirit of the American Prof. Soccer League
Team Physician, Trenton State College.
Team Physician, Mercer County Community College
Team Physician, Princeton High School
Team Physician, Ewing High School
Team Physician, Montgomery High School
Team Physician, Hillsborough High School
Team Physician, Lawrence High School
Team Physician, West Windsor Plainsboro High School
Team Physician, Peddie School
Team Physician, Princeton Day School